

GREENWorks

Ideas for a Cleaner Environment

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The Benefits of Commuting Green!

Commute Green New Hampshire is the annual promotion to encourage you, your friends, neighbors, co-workers and employers to choose inexpensive, healthier and more environmentally friendly transportation options. Commuting Green can save you money, decrease your stress level, help you to be healthier and help preserve New Hampshire's beautiful landscape.



Commute Green New Hampshire's primary goal is to help people carpool, bicycle, walk and use public transportation to work, school, shopping and similar trips May 16 to 20, which coincides with National Bike and Walk to Work Day on May 20. The Commute Green New Hampshire promotion encourages people to track their green commuting activities during the week. The results will be tallied and top achievers in a variety of categories will be recognized.

This year Commute Green New Hampshire is challenging employers, municipalities and schools to reduce 50,000 vehicle miles traveled during the week of May 16-20 as part of the Statewide Challenge. To become a part of the Statewide Challenge see www.commutegreennh.org. When you register you will be able to download great coupons for some of your favorite restaurants and businesses. Regional planning commissions are hosting events in all parts of the state. The Commute Green New Hampshire website has the event listings, so be sure to check it out!

Regional planning commissions and similar organizations around the state specialize in helping employers develop and implement employee transportation benefits programs. Some examples include: helping and encouraging employees to carpool, developing employee incentives like preferred parking and tax benefits programs, and designing transit pass purchasing programs.

Start out the summer with your best foot forward, commute green! You'll save money on gas by carpooling or taking public transportation, take steps to a healthier you by walking or biking, and help reduce the number of miles driven on our roads and reduce air pollution. Take part in the Statewide Challenge to reduce 50,000 miles driven and maybe your school, agency or business can save the most miles and win the competition!

Did You Know?

The cost of building, leasing or maintaining parking spaces for employees can amount to \$5,000 to \$20,000 per space with operating costs amounting to an additional \$750 to \$3,000 per year.

For more information on Commute Green New Hampshire, the employer transportation benefit program or for resources on how to start using alternative transportation methods, go to the Commute Green New Hampshire website at www.commutegreennh.org or Facebook page at www.facebook.com/CommuteGreen or call (603) 226-6020.

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